

## Frequently Asked Questions

- [ ] **What do I need to do to play a sport?** You must maintain a 2.0 grade point average (with no failing grades) and have athletic paperwork on file in the athletic office before you can try-out for a sport.
- [ ] **How do I contact a coach?** Coaches email addresses are listed on the Athletic page of the ECS website.
- [ ] **What grade levels are able to participate in athletics at ECS?** Our sports program begins in 6<sup>th</sup> Grade (Elementary) and continues through the 12<sup>th</sup> grade. Levels include Elementary, Jr. High, Freshman, Jr. Varsity, and Varsity.
- [ ] **What sports are available to 6<sup>th</sup> - 8<sup>th</sup> grade students?** 6<sup>th</sup> - 8<sup>th</sup> grade students may participate in the following sports:

Fall Sports:	Team(s):
Cheerleading – Sideline	Girls / Boys
Football	Boys
Soccer	Boys
Volleyball	Girls

Winter Sports:	Team(s):
Basketball	Boys/Girls
Cheerleading – Sideline	Girls / Boys

Spring Sports:	Team(s):
Soccer	Girls
Golf	Co-ed

**6<sup>th</sup> - 8<sup>th</sup> grade students may try-out for any of the following teams at the coach's discretion:**

Fall Sports:	Team(s):
Cross-Country	Girls / Boys
Golf	Girls / Boys
Swimming	Girls / Boys

Winter Sports:	Team(s):
Wrestling	Boys

Spring Sports:	Team(s):
Track & Field	Girls / Boys
Tennis	Girls / Boys

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**[ ] What sports are available to 7<sup>th</sup>- 12<sup>th</sup> grade students?**

Fall Sports:	Level:	Team(s):
Cheerleading		
*Competitive	Jr High, Varsity	Co-ed
Sideline	Jr High, Varsity	Co-ed
*Cross Country	Varsity	Boys/Girls
Football	Jr High, Jr Varsity, Varsity	Boys
*Golf	Varsity	Boys/Girls
Soccer	Jr High	Boys
*Swimming	Varsity	Boys/Girls
Volleyball	Jr High, Freshman Jr Varsity, Varsity	Girls

Winter Sports:	Level:	Team(s):
Basketball	Jr High, Jr Varsity, Varsity	Boys/Girls
Cheerleading		
*Competitive	Jr High, Varsity	Co-ed
Sideline	Jr High, Varsity	Co-ed
Soccer	Varsity	Boys/Girls
*Wrestling	Varsity	Boys

Spring Sports:	Level:	Team(s):
Baseball	Jr Varsity, Varsity	Boys
Golf	Jr High	Boys/Girls
Soccer	Jr High	Girls
*Softball	Jr Varsity, Varsity	Girls
*Tennis	Varsity	Boys/Girls
*Track & Field	Varsity	Boys/Girls

\*When only the varsity level of a sport is offered, 6<sup>th</sup> grade students may try-out for the sport. Athlete selection is at the coach's discretion.

**[ ] How do I know when tryouts begin for each sport?**

1. Dates are posted on the Athletic page of the ECS website 2 weeks prior to try-outs.
2. Morning announcements are made 2 weeks prior to try-outs.
3. A sign-up sheet is posted in the Athletic Office.

**[ ] How do I find directions to games?** Directions are found on the Athletic page.

**[ ] Why should I join the Booster Club?** The booster club is a group of family and friends who are interested in the student/athletes of ECS and the growth of the athletic program. This group may provide support in various areas such as capital needs, banquets, team parent, concessions, spirit support and more.

Club membership is free and the benefits are limitless – lasting relationships with others interested in Sentinel Athletics and the athletes themselves. For more information on the Sentinel Booster Club, visit the ECS Athletic website and click on Sentinel Booster Club.