



ATHLETE AND PARENT COMMITMENT TO EXCELLENCE

- * As the athlete, I will give 100% to be in good condition.
- * As the athlete, I will be ready to play.
- * As the athlete, I will take pride in my performance.
- * As the athlete, I will play for the benefit of the team.
- * As the athlete, I will be coachable.
- * We will always do our best and constantly strive to improve.
- * We will put out the extra effort that it takes to get the job done.
- * We will be a positive contribution to the team.
- * We will desire to be successful; we want to be winners.
- * We will fulfill our commitment to the team and not be a quitter.
- * We will compliment and give encouragement to teammates.
- * We will have enthusiasm. We will not make excuses.
- * We will control our emotions and maintain good judgement.
- * We will respect the rules and judgements made by the coach.
- * We will listen to the advise of the coach.
- * We will pray for the team and for the coach.
- * We will ask the Lord to give us humble spirits.
- * We will do our best to maintain a Christian witness on and off the field of play.
- * We will conduct ourselves in a manner that will be honorable to the Lord and to Evangelical Christian School.

We have read the Evangelical Christian School Student Athlete Manual in its entirety. We thoroughly understand the philosophy of athletics and will abide by the school's policies. **I will return my complete uniform within one week of the last game of season, or I will be charged \$200 per piece to my ECS account.**

Athlete's Signature

Parent's Signature

Athlete's Printed Name

Parent's Printed Name

Parent's Signature

Date

Parent's Printed Name