

SUMMER CONDITIONING/PRE-SEASON

CROSS COUNTRY:

Summer conditioning will be on Tuesday and Thursday from June 30th thru July 23rd from 7:30am - 9:00am on the Beacon Campus

Try-outs will be June 27th thru August 11th. More details to come.

Questions? Please contact Coach Rullo at GRullo@goecs.org

SWIMMING:

Practices start on July 27 and run through the second week of November.

Practices are held at the Ft. Myers Aquatic Center (1750 Matthew Drive) Mon-Fri from 6:00am to 7:30am (scheduled to 7:30 but once school starts they are generally out to get ready for school by about 7:15 - there are full locker rooms at the pool.)

Questions? Please contact Coach Epps: ehrepps@gmail.com

VOLLEYBALL:

Please contact Coach Anderson (Janderson@goecs.org) for the full summer schedule of open gyms.

Try-outs for Middle School volleyball will be August 3 & 4th from 6:00pm to 8:00pm and August 5th from 2:00-3:30pm

Try-outs for Varsity volleyball will be August 3rd thru the 5th from 3:30pm to 5:30pm

FOOTBALL:

Varsity football (9-12 grade) will continue summer conditioning in July. For the weeks of July 6th, 13th and 20th, conditioning will be on Monday, Tuesday, Wednesday and Thursday (no conditioning on Fridays) from 7:00am to 9:15am. Conditioning will begin on the Colonial campus at 7:00am and will end by 9:15am on the Beacon campus. Athletes are responsible for their own transportation between the two campuses. Official try-outs will start no earlier than Monday, July 27th. More details to follow. Questions? Please contact Coach Mitchell at MMitchell@goecs.org

Middle school football conditioning will begin on Tuesday, July 7th. Conditioning will be held on Tuesdays, Wednesday and Thursdays from 7:00 - 8:30am on the Beacon campus. The last day of conditioning will be Thursday, July 23rd. Official try-outs will start no earlier than Monday, July 27th. More details to follow.

Questions? Please contact Coach Washington at DWashington@goecs.org or Coach Mitchell at MMitchell@goecs.org

GOLF:

Varsity Golf (9-12 grade) will begin on Monday, July 27th. Eastwood will be our home course. Practices will take place each Monday and Wednesday at 4:00pm.

Questions? Please contact Coach May at MayJordan010@gmail.com

Middle school golf (6-8 grade) will hold open training opportunities on August 4th, 5th & 6th at 4:00pm.

Try-outs will be August 18th, 19th & 20th at 4:00pm.

All practices/try-outs will be held at the Hideaway Country Club, just adjacent to the Beacon campus. Address is 670 Trailwinds Dr, Fort Myers, FL 33907

Questions? Please contact Coach Clark at robertclarkjr@pga.com